**You are never too old to learn!**

The human brain is adaptable, and we can learn skills throughout our lives if given the opportunity. A case in point is Rosa Gibson, 66 of San Diego. She lost her job managing a retail clothing store when it closed in 2005. Rosa states: “Once I got over the shock, I decided to try something different.” She started volunteering with Scripps Health, a nonprofit health care system in Southern California; there she used her biological skills in community outreach. Several years and many classes later, she’s now earning a bachelor’s degree in public health and working as a clinical trials assistant. She concludes: “I may be 80 by the time I get my degree at the rate I’m going, but that’s OK. Everybody out there has something to teach you.” (AARP Magazine 1)